

Victorian Seniors Festival October 2019

Bass Coast Program of Local Events



Free lunch, indoor bowls and cards – Wonthaggi

Thursday, 3 October 12.00 noon
Wonthaggi Italian Senior Citizens club would like to invite you to a free lunch followed by indoor bowls and card games. Numbers are limited and bookings are essential.
Where: Senior Citizens Rooms, 56 Murray Street, Wonthaggi.
Cost: free
Bookings: Call 5672 2841 or 0435 815 190

Rock Away in Spring – National Vietnam Veterans Museum

Saturday, 5 October, 1.00pm - 5.00pm
The band "Rockhouse" to perform music from the 50's, 60's and 70's.
Where: National Vietnam Veterans Museum, 25 Veterans Drive, Newhaven
Cost: \$12.00 per person
Bookings not required. For further information call Sonia on 5956 6400 or email sales@vietnamvetmuseum.org

Lonnie Lee in Concert - Korumburra
Monday, 7 October, 10.30am - 12.30pm
Some call him 'The last man standing', or 'The father of Rockabilly' but no matter what you call him there is only one Lonnie Lee. Performing music from his long list of hits, Lonnie will keep you entertained and maybe even get you up on your feet dancing. Morning tea will be provided.
Where: Korumburra Indoor Recreation Centre, Elizabeth Street, Korumburra

Seniors Concert with Afternoon Tea - Inverloch

Monday, 7 October, 1.30pm
Join us at the Warrarwee Seniors Club for an afternoon of live entertainment by "Tan Castles". Followed by a special afternoon tea.
Where: Warrarwee Seniors Club, 22 A'Beckett Street, Inverloch
Cost: free
Bookings: required for large groups, but not for singles or small groups. For bookings or call the Club on 5672 3667

Seniors Festival Dance – The Dalyston Dancers

Tuesday, 8 October 1.30pm - 4.30pm (doors open 12noon)
Dancing from 1.30pm, doors open from 12 noon if you would like to bring your own lunch and enjoy it with a cuppa. Come to dance, maybe recall your bygone dancing days or just listen to the lovely music by Rhonda Richards.
Where: Dalyston Hall, Corner Bass Highway and Tulloch Street, Dalyston
Cost: Gold coin donation
Bookings not required. For further information, call Peter on 0488 574 271 or email prdawson@aussiebroaddand.com.au

Wonthaggi Seniors Festival of Golf

Tuesday, 8 October, 8.00am for 9.00am shotgun start
14th annual tournament. 4BBB stableford competition for ladies and men over 55.
Where: Wonthaggi Golf Club, 11 Dr Sleeman Drive, Wonthaggi
Cost: \$20 including lunch
Bookings essential: call Don on 0418 136 317

Pop Up Book Club – Inverloch Library

Wednesday, 9 October, 2.00pm
Come and join the 'Friends of Inverloch Library' for a facilitated discussion 'A Book I'd Like to Read Again'. Afternoon tea will be provided.
Where: Inverloch Library, A'Beckett Street, Inverloch
Cost: free
Bookings not required. For further information, call the Library on 5674 1169

Seniors Movie Time at the Wonthaggi Library – West Side Story

Wednesday, 9 October, 2.00pm
It's free movie time for seniors at the library, with one of the great musicals of all time. Sit back and enjoy the movie and the free popcorn.
Where: Wonthaggi Library, Murray Street, Wonthaggi
Cost: free
Bookings required: call the Library on 5672 1875 for further information or to make a booking

Events with Multiple Dates (cont)

Health Club Introduction – come along for a free tour around our gym
Monday, 14 October - 10.00am
Wednesday, 16 October - 10.00am

Wonthaggi YMCA, 41 Wentworth Road, Wonthaggi.
Bookings and information call Fiona on 0439 377 584

Phillip Island Leisure Centre
Active Gym - Exercise in a supportive environment that caters to all abilities
Monday, 14 October - 10.30am
Wednesday, 16 October - 1.30pm
Cost: \$9.00

Effective Movement Training (EMT) - Improve strength, coordination, balance and flexibility
Tuesday, 15 October - 10.30am
Cost: \$9.00

Pilates - improve posture, strength and flexibility
Friday, 18 October - 10.30am
Cost: \$9.00

Health Club Tour – come along for a free tour of our gym
Tuesday, 15 October - 11.00am
Thursday, 17 October - 11.00am

Phillip Island Leisure Centre, 10 – 14 Church Street, Cowes
Bookings and information call Fiona on 0439 377 584

Free Public Transport for Victorian Seniors Card holders

8 days of free public transport for Victorian Seniors Card holders

Sunday 6 October to Sunday 13 October
Remember to always carry your Seniors myki and Victoria Seniors Card with you on public transport. Touch on and off as usual, you won't be charged. On regional services that don't use myki, just show your Victorian Seniors Card to the conductor or bus driver

Where can you go
You'll be able to travel for free on all public transport in Victoria, including:

- Melbourne trains, trams and buses
- Regional trains, coaches and buses (including regional town bus services)

Thank you to all the groups who are holding events throughout October and making Victorian Seniors Festival 2019 one of the best yet!

For more information visit:
www.seniorsonline.vic.gov.au or
www.basscoast.vic.gov.au/vsf2019

This local program is part of the Victorian Seniors Festival, a state-wide Victorian Government initiative. For more information about the Victorian Seniors Festival, including an online calendar of events visit seniorsonline.vic.gov.au.

Mad Hatters Afternoon Tea Party

Wednesday, 9 October, 2.30pm

Join Phillip Island Senior Citizens Club for afternoon tea, coffee, scones with jam and cream. Live music.

Where: 6 Lions Court, Cowes

Cost: \$10

Bookings are required: call the Club or Liza on 5952 2973 or 0431 867 058 or you can email pissc123@gmail.com



Social Tennis – Wonthaggi

Thursday, 10 October, 10.00am - 12noon

Join Wonthaggi Tennis Club for a game of tennis and morning tea. A lucky draw prize (tickets to the Australian Open) will be held.

Where: Wonthaggi Tennis Club, Wentworth Road, Wonthaggi (behind the YMCA)

Cost: free

Bookings not required. For information, call Anne on 0437 011 555 or email wonthaggitennisclub@gmail.com

Come and Try Croquet - Cowes

Sunday, 13 October, 1.00pm

Phillip Island Croquet Club Inc invite you to try croquet. Lessons will be held throughout the afternoon and a sausage sizzle provided.

Where: Phillip Island Croquet Club, Blue Gum Reserve, Dunsmore Road, Cowes

Cost: free

Bookings not required. For information, call Jenni on 0414 714 874 or Pauleen on 0425 850 118



An Introduction to Circle Dancing

Wednesday, 16 October, 11.00am

Go dancing down memory lane and rediscover the simple pleasure of moving in time to music. Not to be missed!

Where: Wonthaggi Library, Murray Street, Wonthaggi

Cost: free

Bookings required: call the Library on 5672 1875



Rescue Station Open Day – Wonthaggi

Thursday, 17 October, 10.00am - 12noon and 1.00pm - 3.00pm

Visit the Rescue Station and take a tour of the heritage building, view memorabilia, have a play with clay, even become Ahn Do!

Where: Wonthaggi Rescue Station, off 95 West Area Road, Wonthaggi

Cost: free

Bookings required: contact Wendy 0408 721 949 or Sandra 0419 132 860 or email rescuestationarts@gmail.com



Cowes Museum Open Day

Friday, 18 October, 10.00am - 3.00pm

The Museum will be open and refreshments available. The day will feature a special display about the 75th anniversary of the film 'On the Beach', partly made on Phillip Island.

Where: Heritage Centre, 89 Thompson Avenue, Cowes

Cost: free

Bookings not required. For information contact Christine on 0400 900 621 or email history@waterfront.net.au



Cemetery Walk – Wonthaggi

Tuesday, 22 October, 10.30am

Wonthaggi and District Historical Society will take you on a tour of Wonthaggi Cemetery. Visit approximately 8 sites, hear the history of people who contributed to the Wonthaggi community. Tour will take around 1.5 hours.

Where: Wonthaggi Cemetery, Cameron Street, Wonthaggi (2nd entrance near flagpole)

Cost: free

Bookings not required. For information call the Society on 5672 2009 or Irene 5672 1830 or email wonthaggihistosoc@dcsi.net.au



Stories for Seniors

Wednesday, 23 October, 11.00am

Master Storyteller Gael Cresp will entertain you with her stories from yesteryear. Sit back with a cuppa and enjoy a story in the company of likeminded people.

Where: Wonthaggi Library, Murray Street, Wonthaggi

Cost: free

Bookings required: call the Library on 5672 1875



Seniors Movie Time – Stan and Ollie

Friday, 25 October, 2.00pm

Join Stan and Ollie as they try to relive past glories of the 1950's in Britain. Free popcorn included.

Where: Wonthaggi Library, Murray Street, Wonthaggi

Cost: free

Bookings required: call the Library on 5672 1875



Getting the best out of Ancestry.com and AncestryDNA

Saturday, 26 October, 1.30pm - 4.00pm

The Phillip Island and District Genealogical Society are holding a free seminar about Ancestry.com to discover your ancestors as well as Ancestry DNA to assist with expanding and verifying your research.

Where: Family History Research Rooms, 56 Chapel Street, Cowes

Cost: free

Bookings are encouraged but not essential. To book call Genevieve on 0418 545 569 or email piadgs@gmail.com



Bus Tour – History of Cape Paterson Road

Tuesday, 29 October, 10.30am

Come on a bus tour with Wonthaggi and District Historical Society. Travel through time and hear the stories of significant sites and events. Tour will take approximately 1.5 hours.

Where: Leaving from the bus stop near the Police Station in Watt Street, Wonthaggi

Cost: free

Bookings not required, but numbers are limited by seats on the bus (56 persons). For information call Historical Society on 5672 2009 or Irene 5672 1830 or email wonthaggihistosoc@dcsi.net.au



Events with Multiple Dates

Come and Try Croquet – Wonthaggi

Every Monday and Wednesday in October 10.00am - 1.00pm

Come and try croquet, a friendly and social team sport. All ages and all abilities.

Where: Wonthaggi Croquet Club, Corner Wentworth Rd and Korumburra Road, Wonthaggi

Cost: free

Bookings not required. For information call Sue Cartwright on 0431 777 520 or email croquetwonthaggi@gmail.com



Model Railroading - Cowes

Sundays in October, 2.00pm - 4.30pm

The Club will be open to anyone each Sunday over October, to watch model trains running on the club's fixed layout

Where: Phillip Island and District Railway Modellers, Phillip Island Senior Citizens Club, Watchorn Road, Cowes

Cost: free

Bookings not required. Call Geoff for information on 0419 357 097 or email piadrm@gmail.com



Cuppa, Catch up and Cards

Wednesdays in October, 2.00pm

Come down to the Wonthaggi Library for a game of cards or scrabble, a cup of tea, a biscuit and a good chat.

Where: Wonthaggi Library, Murray Street, Wonthaggi

Cost: free

Bookings not required. Call the Library on 5672 1875 for further information



Get on the Green - Cowes

Mondays and Fridays in October 3.00pm - 4.30pm

Phillip Island Bowls Club invite you to come and try lawn bowls. Remember to wear flat soled shoes.

Where: Phillip Island Bowls Club, Dunsmore Road, Cowes

Cost: free

Bookings not required. Call George for further information on 0407 851 065 or email george.sally@bigpond.com

Anything Teens can do...

Monday, 7 October – Friday, 11 October 2.00pm - 4.00pm

Drop into Phillip Island Library to experience something new: VR (virtual reality), filters, hashtags, learn something new!

Where: Phillip Island Library, 89 Thompson Avenue, Cowes

Cost: free

Bookings not required except for large groups. For information call the Library on 5952 2842 or email lucyn@wgrlc.vic.gov.au



YMCA Bass Coast - Wonthaggi

Aqua Movers – A low impact water based work out

Monday, 14 October - 9.15am

Wednesday, 16 October - 9.15am

Cost: \$9.00

Active Movers – Low impact strength based class

Tuesday, 15 October - 10.45am

Friday, 18 October - 10.45am

Cost: \$9.00

Chair Yoga – Yoga class done while seated

Thursday, 17 October - 1.30pm

Cost: \$9.00

Bookings required

(continued on back page)